

FOUNTAIN HILLS

activity guide



WE'RE ON A ROLL!

Skateboarding lessons start Jan. 26



WILD ART WEDNESDAYS

Make sure your youngster exercises his inner Picasso with this fun class



BEADFUL THINGS

Teens can learn jewelry making in an afternoon



HAVE A PALETTE FOR PAINTING?

Art classes in oil and acrylics get under way in January



BATTER UP!

Softball leagues are coming up. Sign up now!

IN THE

loop

january 2013

TOWN OF FOUNTAIN HILLS The height of desert living



Educational/Wellness

Art Walks

Learn about one of the largest collections of art on public display with a docent-led art walk. Volunteer docents provide information about each piece, techniques used to create the piece and background on each artist who created it. Art walks are a cooperative effort between the Town of Fountain Hills, the Chamber of Commerce, and the Public Art Committee of the Fountain Hills Cultural and Civic Association.

The Centennial Circle Tour features pieces in the plaza area, while the new Community Center/Library Tour features pieces located inside both facilities' common areas. The Fountain Park Tour features pieces located throughout the park. The Centennial Circle Tour and the Community Center/Library Tours meet at the Community Center. The Fountain Park tour meets at the Theodore Roosevelt statue at the park. All tours last about 1½ hours.

Cost of each tour is \$5 and a commemorative mug with gift coupons is provided to those who pre-register.

Class	Tour	Day	Date	Time	Fee
225	Centennial Circle	Sat	Jan 12	9am	\$5
226	Comm Center/Library	Sat	Jan 12	9 am	\$5
267	Fountain Park	Sat	Jan 12	11 am	\$5
268	Hidden Gems	Wed	Jan 16	7:45am	\$5

Age: All Ages

Location: Community Center/Fountain Park

Instructor: Volunteer Docents

Botanical Garden Tour

The Fountain Hills Sonoran Desert Botanical Garden, located at Fountain Hills and Kingtree boulevards, is cherished for its botanical, geological and historical significance. New this year, the volunteer caretakers and trained docents will be leading tours of the garden. Registration is required and parking is limited. Private tours also are available.

Class	Day	Date	Time	Fee
370	Sat	Jan 12	9 a.m.	FREE

Age: All Ages

Location: Desert Botanical Garden

Instructor: Volunteer Docents

Citizens' Academy

Interested in the local government of Fountain Hills and want to learn more? This new course gives everyday citizens knowledge about the Town of Fountain Hills and its operation. With staff speakers and tours of various town facilities, this informative course will be offered to the first 25 registrants. On completion of this course, you will receive a Citizen's Certificate and the knowledge of government to help Fountain Hills and its growth in the years to come.

Class	Day	Date	Time	Fee
101	Wed	Jan 30-Mar 13	6-8 p.m.	FREE

Age: 18 years and up

Location: Community Center

Instructor: Town Staff and Guest Speakers



Hiking Series

The Hiking Series is jointly coordinated by the McDowell Mountain Preservation Commission and the Sonoran Conservancy of Fountain Hills. All hikes start at 8 a.m. and hikes starting at Golden Eagle require a \$2 Regional Park fee.

Jan. 5: Walk off the Holidays, Cross the Preserve with Jim Grajek. This 6-7 mile hike is moderate to exhilarating. Hikers have the option to add the western loop to the hike. The hike begins at Eagle ride and crosses the entire preserve. Arrange for pick up at the end of Golden Eagle. Bring two bottles of water, snacks and sturdy shoes.

Jan. 12: Butcher Jones at Saguaro Lake with Annie Rollins-Protas. A 5.5 mile moderate hike. Participants will meet at Fountain Hills Library and carpool to Butcher Jones Picnic Area, where the hike begins. The hike, which includes a 200-foot elevation gain, winds along the edge of Saguaro Lake to a fabulous view of Four Peaks. Trail is fairly level except for a climb into and out of a wash. Bring water, snacks, hat and sturdy shoes. Tonto National Forest day or annual pass required for each vehicle.

Jan. 19: Early People with Len Marcisz. This five-mile moderate hike starting at Eagle Ridge will offer lessons about the Hohokam Tribe. There is an amazing amount of history is right here in the preserve.

Jan. 23: Bushnell Tank with Pam Cissik. A 3.5 mile moderate hike. Hikers will meet at Fountain Hills Library to carpool. The hike is four-hours in length with a 250 foot elevation gain. Hikers will follow a closed forest road, crossing two rocky stream beds, one of which likely will have water to find an old swing hanging from a Sycamore tree. The hike may be extended to follow the road further to an old corral. Bring water, snacks, hat and wear sturdy shoes. Hiking pole is recommended to help with any water crossing. Wet feet are possible.further to an old corral. Bring water, snacks, hat and wear sturdy shoes. Hiking pole recommended to help with any water crossings (wet feet are possible).

Feb. 2: Dixie Mine with Steve Fleming. Follow the Golden Eagle Trail for five-miles on a moderate to exhilarating hike. Enjoy learning about the mine and its surroundings, including a petroglyph panel.

Age: All ages, 18 and under with a parent or guardian

Location: Varies

CPR/AED for the Community and Workplace

The purpose of this course is to train individuals to overcome any reluctance to act in emergency situations and to recognize and care for life-threatening respiratory or cardiac emergencies in children or adults. The classes cover adult, child and infant CPR; the use of an Automated External Defibrillator (AED) and first aid for choking. The Fountain Hills Fire Department provides the certified CPR instructors.

Class	Day	Date	Time	Fee
281	Sat	Jan 12	9 a.m.	\$30

Age: 14 years and up

Location: Community Center

Instructor: Capt. Boyer or Capt. Brunnin

New Year's Resolution Kitchen New!

Looking for healthy alternatives to your favorite snacks that help support your New Year's resolutions? Join us for a 60-minute class focusing on healthy snack options that reduce your calories while boosting taste and nutrition! Sample several snack options full of surprising ingredients and clever healthy recreations, sure to inspire and excite even the pickiest of eaters. We focus on optimizing your intake of healthy ingredients to help strengthen your body's immune system, fight disease and support your health by putting you back in control of your calorie intake.

Class	Day	Date	Time	Fee
353	Sat	Jan 12	10:30 a.m.	\$25

Age: 18 years and up

Location: Community Center

Instructor: Lonni Lattie/Sonia Thalman

Intro to Resistance Band Training New!

Appeals to all ages, body types and fitness levels. Elastic resistance band training helps build lean muscle and increase metabolism by providing a full body workout without any of the intimidating machines or weights. The Toning Workout, the first in our four part series, will focus on burning fat and building muscle in targeted areas. We will also incorporate one minute cardio intervals to improve cardiovascular endurance and burn more calories, making the most of the time you have for exercise.

Class	Day	Date	Time	Fee
349	Mon/Wed/Fri	Jan 7-Mar 1	5:30 a.m.	

1x/wk - \$75
2x/wk - \$115
3x/wk - \$135

350	Mon/Wed/Fri	Jan 7-Mar 1	9 a.m.	
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1x/wk - \$75
2x/wk - \$115
3x/wk - \$135

365	Tues/Thurs	Jan 8-Feb 28	9 a.m.	
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1x/wk - \$75
2x/wk - \$115

366	Tues/Thurs	Jan 8-Feb 28	6 p.m.	
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1x/wk - \$75
2x/wk - \$115

Age: 18 years and up

Location: Fountain Park

Instructor: Lonni Lattie/Sonia Thalman



Arts and Crafts

Paint Workshop: Oil and Acrylics New, Shorter Sessions!!

This class is for intermediate to advanced students. This workshop helps students improve the technical aspects of painting and understanding color. Students will also work on improving composition, proportion and perspective.

Class	Day	Date	Time	Fee
309	Thurs	Jan 17-Feb 14	9 a.m.-noon	\$60
312	Mon	Jan 14-Feb 18	1-4 p.m.	\$60

Age: 18 years and up

Location: Community Center

Instructor: Ernie Shapiro

Sports Activities

Adult Men's Softball

Men's Slow Pitch Recreational Softball is played at Golden Eagle Park on Tuesday nights. Softballs and umpires are provided. The season will end with a single elimination tournament. Individuals are encouraged to call (480) 816-5132 to find out how to get on a team. Come out for fun, fitness and good competition! Deadline for registration is Thursday, January 10, 2013, at 6 p.m. No late registrations!

Class	Day	Date	Time	Fee
105	Tues	Jan 22-Mar 12	6:30-10:30 p.m.	\$495

Age: 18 years and up

Location: Golden Eagle Park

Instructor: None

Senior Softball

Registration for Senior Softball is in full swing. This recreational league plays on Wednesday (ages 65+) mornings at Golden Eagle Park. The league provides fields and softballs. All team managers must have players sign a waiver of liability prior to the first game. Teams are responsible for any make up games. No games Feb. 1 due to Great Fair Senior Softball Tournament or March 21 due to McDowell Mountain Elementary School Field Day. Deadline for registration is Thursday, January 3, 2013, at 6 p.m. No late registrations!

Class	Day	Date	Time	Fee
229	Tues	Jan 16-April 3	9 a.m.-noon	\$200

Age: 65 years and up

Location: Golden Eagle Park

Instructor: None

Great Fair Senior Softball Tournament

This year's tournament is Jan. 31-Feb. 3. The annual recreational tournament is for both participants and spectators. Deadline for registration is Thursday, Jan. 17 at 6 p.m. (or when tournament fills to maximum capacity). Absolutely no late entries will be accepted! The tournament coordinator reserves the right to limit the number of teams per division or assign teams to different divisions if necessary.

Class	Division	Day	Date	Time	Fee
116	70+ Division	Thurs/Fri	Jan 31-Feb 1	8 a.m.-noon	\$300

120	65+ Division	Thurs/Fri	Jan 31-Feb 1	Noon-4 p.m.	\$300
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123	60+ Division	Sat/Sun	Feb 2-3	8 a.m.-noon	\$300
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122	50+ Division	Sat/Sun	Feb 2-3	Noon-4 p.m.	\$300
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Age: 50 years and up

Location: Golden Eagle Park

Instructor: None

Adult Golf Clinics

The Full Swing Mechanics course is designed for those who have golfing experience. This class will help you improve your current swing plane, a key ingredient for better accuracy and improved distance. The Short Game course will teach you all the shots from 100 yards and in. Putting, chipping, pitching, bunkers and overall shot making techniques from around the green, will help you improve your score. All skill levels are welcome.

Class	Level/Age	Day	Date	Time	Fee
241	Full Swing Mechanics	Sat	Jan 5-19	8-9am	\$110
252	Short Game	Sat	Jan 5-19	9-10 a.m.	\$110

Age: 18 years and up

Location: Eagle Mountain Golf Club

Instructor: Eagle Mountain Staff

Jr. Golf Lessons

Lessons will include full swing, short game, etiquette, rules, games and prizes.

Class	Day	Date	Time	Fee
262	Tues	Jan 8-22	3:45-4:45 p.m.	\$78

Age: 6 to 13 years old

Location: Eagle Mountain Golf Club

Instructor: Eagle Mountain Staff

Adult Tennis Lessons

The Town of Fountain Hills Community Services Department is proud to partner with Tennis Pro Ron Nielson. Ron comes to us from California where he previously was the Head Tennis Pro at two Private Tennis Clubs. He has over 30 years of experience teaching tennis in Southern California and has worked as a tennis coach with nationally ranked senior and junior players, including the current #1 ranked doubles team in the world, Mike & Bob Bryan. Ron will teach pee wee, junior and adult classes. He is also available for private and semi-private lessons.

Beginner Adult Tennis – Enjoy this healthy and physical activity while you learn basic fundamentals and techniques.

Intermediate Adult Tennis – This class is for participants who have surpassed basic instruction and want to improve their game.

Class	Level	Day	Date	Time	Fee
340	Beginners	Thurs	1/24-3/14	9-10 a.m.	\$110
343	Intermediate	Thurs	1/24-3/12	10-11 a.m.	\$110
346	Intermediate	Thurs	1/24-3/12	6:30-7:30pm	\$110
342	Intermediate	Mon	1/28-3/18	6:30-7:30pm	\$110

Age: 18 years and up

Location: Golden Eagle Park

Instructor: Ron Nielson

Youth Tennis Lessons

Class	Level	Day	Date	Time	Fee
335	7-10 year olds	Sat	1/26-3/16	10-11 a.m.	\$90
337	11-15 year olds	Sat	Jan 26-Mar 16	11 a.m.-noon	\$90
333	7-10 year olds	Mon	Jan 28-Mar 18	5:30-6:30 p.m.	\$90

Age: 7-17 years

Location: Golden Eagle Park

Instructor: Ron Nielson

Skateboarding Lessons

Skateboarding is one of the fastest growing sports in the United States. It appeals to youth and teens, and provides recreation, entertainment and exercise. This clinic is designed for kids interested in learning the fundamentals of skateboarding and is taught by Kids That Rip instructors.

Equipment needed: Skateboard, helmet, and the use of elbow and knee pads are strongly recommended.

Class	Day	Date	Time	Fee
324	Sat	Jan 26-Feb 9	10-11 a.m.	\$60

Age: 3-13 years old

Location: Desert Vista Park

Instructor: Kids That Rip Skateboard School

Toddler Activities**Toddler Tumbling**

Bean bags, tumbling mats, rhythm sticks, mats, hoops, tunnels, balls and balance beams are some of the things to encourage your 'tuff kid' to get on the move. Parents are welcome to stay but need not be present.

Class	Level/Age	Day	Date	Time	Fee
227	Move & Groove	18-36 mos	Mon/Weds	Jan 7-16	9-9:45am \$28
228	Mighty Movers	3-5 yrs	Mon/Weds	Jan 7-16	10-10:45am \$28

Age: 18 months to 5 years

Location: Community Center

Instructor: Miss Liz

Wild Art Wednesday

Participants will enjoy a different activity and project each class. All levels are welcome, ages 2-6 years old; as well as older and younger siblings. Sign them up, too! Everyone will have fun getting messy and making creative take-home projects. Each child must be accompanied by an adult. Fee includes all supplies and materials. Pre-registration is required.

Class	Day	Date	Time	Fee
236	Wed	Jan 30	9-10 a.m.	\$10/class

Age: 2 to 6 years old

Location: Community Center – Art Room

Instructor: Miss Liz

Pee Wee Tennis

Class	Day	Date	Time	Fee
339	Sat	Jan 26-Mar 16	9:15-10 a.m.	\$90
326	Mon	Jan 28-Mar 18	4:45-5:30 p.m.	\$90

Age: 3-6 years

Location: Golden Eagle Park

Instructor: Ron Nielson

Teen Activities**Teen Afternoon Art:****Jewelry Making New!**

Jewelry Making and Beading: all materials and tools included. Each student will leave with basic skills to complete and improve upon jewelry-making and beading for fun! Students will make and take home a pair of earrings and a ring, and bead a decorative photo holder and cell phone charm!! No prior experience required. All levels welcome.

Class	Day	Date	Time	Fee
354	Wed	Jan 9	2:30-5 p.m.	\$24

Age: 8 to 16 years old

Location: Community Center – Art Room

Instructor: Kathy Worrell

Teen Afternoon Art:**Creative Bottle Caps New!**

Creativity with Bottle Caps: all materials and tools included. Each student will leave with basic skills to complete and improve upon crafts that include bottle caps of all colors and sizes! Using Mod Podge, photos, tiny embellishments, and some jewelry accessories to complete a couple projects. Students will make and take home a bottle cap necklace, a decorative magnet, a key chain or charm! No prior experience required, all levels welcome. Students are encouraged to bring small embellishments or photos that would fit in a bottle cap (approx. 1 inch in diameter) if they would like to use them in the projects.

Class	Day	Date	Time	Fee
360	Wed	Jan 30	2:30-5 p.m.	\$24

Age: 8 to 16 years old

Location: Community Center – Art Room

Instructor: Kathy Worrell

Dodgeball Tournament

Dodgeball Tournament for teens in 6-8 grade. Teams are formed onsite. 10 participants per team, eight teams max. Arrive early to get on a team! Awards include \$20 gift cards for the 1st place team members, \$10 gift cards for the 2nd place team members and \$5 gift cards for the 3rd place team members. DJ and pizza too! Doors open at 6 p.m. and admission is FREE – no pre-registration required. Presented by Town of Fountain Hills Community Services, MCSO Midnight Madness, and the Fountain Hills Coalition.

Day: Friday

Date: January 11

Time: 6:00-9:00 p.m.

Location: Fountain Hills Middle School

Special Events**OTHER EVENTS AROUND TOWN****Fountain Hills Thrills Disc Golf Tournament**

Warm-up tournament for Arizona disc golfers before the PDGA Memorial Championship. Go to <http://www.spinnersdiscgolf.com/azdgc.html> for more information or to register.

Where: Fountain Park

Date: Saturday and Sunday, January 19-20

Time: 8 a.m.-3 p.m.

Hashknife Pony Express

Go to <http://www.hashknifeponyexpress.com> for more information on this exciting tradition.

Where: Avenue of the Fountains/Post Office

Date: Thursday, January 31

Time: Approximately 3 p.m.

Fountain Hills Community Center

Observed Holidays & Events

New Year's Day

January 1, 2013

MLK Day

January 21, 2013

Upcoming Arts Shows

January

FHCCA Juried Art Show

Upcoming Public Events

FHCCA Juried Art Show Reception

Friday, January 4

Seniors and Boomers Programs

Expo Showcases Activities for Seniors & Boomers

Wednesday, January 23, 2013 from 1:00 p.m. – 3:00 p.m. at the Fountain Hills Community Center.

The Town of Fountain Hills Activity Center is pleased to showcase various programs, support groups, classes and special presentations at the annual Activities Expo. Attendees will have an opportunity to interact and mingle directly with activity group coordinators, ask questions and learn about the variety of programs. The Expo will highlight special events coming up. In addition, there will be entertainment, door prizes, and tables laden with goodies and refreshing beverages. This is an opportunity to renew your membership or join for the first time. Membership is on a calendar year basis and is \$20 for Fountain Hills residents and winter visitors and \$30 for non-residents (Scottsdale, Mesa, Rio Verde, etc.). Membership is open to all adults 18 years of age and older.

Cost: Free. Open to the public.

Location: 13001 N. La Montana Dr.

Sponsors: We thank the following sponsors: Senior Net, Fountain View Village, El Encanto Mexican Café, Redondo's Pizzeria, Sofrita's Restaurant, Senor Taco and Phil's Filling Station Grill.

For more information, contact Senior Services at 480-816-5226 or visit the Town of Fountain Hills website at www.fh.az.gov.

WE UNDERSTAND the responsibility of RAISING A FAMILY.

**Kathy Garrett**

16626 E. Avenue of the Fountains,
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Fountain Hills, Arizona 85268

837-7130

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Mission Statement

The mission of the Fountain Hills Community Services Department is to provide exceptional customer service to enhance the quality of life by providing and maintaining safe, available, and accessible parks and facilities, recreation programs, events, and services that will meet the intellectual, social, cultural, and leisure needs of all residents.

Parks and Facilities

Facilities & Hours of Operation

Community Services

@ Town Hall

16705 E. Avenue of the Fountains
Monday-Thursday – 7:00 a.m. to 6:00 p.m.
480-816-5151

Community Center

13001 N. La Montana Drive
Monday-Friday - 8:00 a.m. to 5:00 p.m.
480-816-5200

Senior & Boomers @

the Community Center

13001 N. La Montana Drive
Monday-Friday – 9 a.m. to 4 p.m.
480-816-5226

Fountain Park

12925 N. Saguaro Blvd.
Sunrise to Sunset

Golden Eagle Park

15900 E. Golden Eagle Blvd.
6 a.m. to 11 p.m.

Four Peaks Park

14825 N. Del Cambre Avenue
6 a.m. to 11 p.m.

Desert Vista Park

11800 N. Desert Vista
6 a.m. to 11 p.m.
Dog Park – 6:00 a.m. to 9:00 p.m.
Skate Park – 7 a.m. to Sunset

Desert Botanical Garden

11300 N. Fountain Hills Blvd.
Sunrise to Sunset

McDowell Mountain Preserve

Golden Eagle Trailhead
Sunrise to Sunset

Do You Have An Idea For A New Program? Tell Us About It!

The Community Services staff is constantly striving to provide programs that “meet the intellectual, cultural, fitness, and leisure needs of all residents.” If there is a recreational program that you would like to see offered, contact Community Services at 816-5151 or parksrec@fh.az.gov.

Program Refunds

- A FULL refund is granted when Community Services cancels any program.
- NO refunds will be granted after the start of a program except for medical reasons or relocation out of the area.
- NO refunds will be granted for trips or team sports leagues unless the spot can be filled.
- A \$10.00 administrative fee will be charged against ALL refunds to cover administrative costs. There are no administrative fees charged when the program is cancelled by Community Services.
- Credit card refunds are issued back to the card used for payment.
- Refund processing takes four to six weeks.

Facility Refunds

- A FULL refund will be made if Community Services cancels the rental.
- In the event of inclement weather, the responsible party may re-schedule the rental at a later date.
- All changes to reservations need to be made at least 24 hours in advance. All changes to weekend reservations need to be made by the Thursday prior to the reservation.
- Refund processing takes four to six weeks.

For more detailed information on Community Services refund policies, call 480-816-5151.

Snooze – You Lose!

Nothing kills a good program quicker than everyone waiting until the last minute to register. Whether or not a program takes place is determined by registration, not waiting or assuming how many people may show up. If a program interests you, be sure to register today!

To Err is Human

Although Community Services staff work hard to ensure each program is free from errors, there are times when errors in dates, times, rates, or registration information do occur. We will do everything possible to correct such errors and we thank you for your patience and understanding when these situations arise.

Register Online

With online registration you are able to browse for classes and programs offered and register for them with secure payment options.

Online registration is available 24 hours a day!

Visit www.fh.az.gov/recreation today

How do I get started?

Simply contact our Customer Service Representatives at registration@fh.az.gov or 480-816-5151 to request your Personal ID Number and your Account PIN Number.



How do I know what programs are available online?

When browsing programs online, registration availability will be indicated.

If I register online, will I know if I get into a program right away?

Yes, the registrations are in “real time”. If a program has an opening, when you complete your registration you will be registered, and you will receive confirmation that your registration has been received. If a program is closed, you will be able to sign up online to be on the waitlist.

Do I have to register online?

No, we will still take registrations at Town Hall or the Community Center via fax, mail or in person.

